

# CLASS TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:15-10:00 ZUMBA IZZY I'ANSON		9:30-10:30 THAI CHI 07985 337576 ANGELA MORLEY		9:15-10:00 BODYTONE IZZY I'ANSON		
		10.40-11.40 THAI CHI 07985 337576 ANGELA MORLEY		10:30-11:15 PILATES CHARLOTTE CIRELL	TONICHA LAWRENCE ACADEMY	9:30-10:00 TABLE TENNIS 07872 056552 MALCOM COTTON
11:45-12:30 PILATES CHRISTIE WEBSTER				11:20-12:05 PILATES CHARLOTTE CIRELL	TONICHA LAWRENCE ACADEMY	
12:45-1:45 PILATES CHRISTIE WEBSTER		12.00-2.00 TABLE TENNIS 07872 056552 MALCOM COTTON			TONICHA LAWRENCE ACADEMY	
	4:00-5:00 HATHA YOGA BELLA WHITTAKER	4:00-5:00 HATHA YOGA BELLA WHITTAKER	4.00-5.00 LEAPIN2LEARNING 07875767785 LAURA STUBBS		TONICHA LAWRENCE ACADEMY	
			4.00-5.00 LEAPIN2LEARNING 07875767785 LAURA STUBBS		TONICHA LAWRENCE ACADEMY	
6:00-6:45 KETTLEBELLS IZZY I'ANSON		6.00-6.45 SUPPLE STRENGTH IZZY I'ANSON		6:00-7:00 TLA BEGINNERS BALLET	TONICHA LAWRENCE ACADEMY	
7:00-9:00 TABLE TENNIS 07872 056552 MALCOM COTTON	7.15-8.00 STRENGTH & CONDITIONING 07581 069489 DANIELA FYFE	6.45-7.30 CWFC IZZY I'ANSON	7:00-9:00 KICK BOXING MARC SIMPSON	7:00-8:00 TLA INTERMEDIATE BALLET		

**EXTERNAL ACTIVITIES**

**FREE TO MEMBERS**

**PAY AS YOU GO**

**FREE TO MEMBERS & PAY AS YOU GO**

